

Raymore-Peculiar Schools

Allergens & Food Sensitivity

BREAD

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
001241	Apple Cinnamon Muffin	?	?	?	?	?	?	?	?
001252	Banana Chocolate Chip Muffin	?	?	?	?	?	?	?	?
001119	Banana Muffin	YES	YES	NO	NO	NO	NO	YES	YES
001246	Biscuit	YES	NO	NO	NO	NO	NO	NO	YES
000897	Blueberry Muffin	YES	YES	NO	NO	NO	NO	YES	YES
001107	Breadstick	YES	YES	NO	NO	NO	NO	YES	YES
001124	Brown Rice	NO	NO	NO	NO	NO	NO	YES	NO
001210	Cheesy Mexican Rice	?	?	NO	NO	NO	NO	YES	?
001218	Chocolate Chip Muffin	YES	YES	NO	NO	NO	NO	YES	YES
001151	Choice of Bread HS	?	?	?	?	?	?	?	?
001317	Choice of Muffin	?	?	?	?	?	?	?	?
001273	Cilantro Lime Rice	NO	NO	NO	NO	NO	NO	YES	NO
001187	Cornbread Stuffing	NO	NO	NO	NO	NO	NO	YES	YES
000475	Fried Rice	NO	NO	NO	NO	NO	NO	YES	YES
001207	Garlic Toast	YES	NO	NO	NO	NO	NO	YES	YES
001126	Goldfish Crackers	YES	NO	NO	NO	NO	NO	YES	YES
001212	Lemon Poppyseed Muffin	YES	YES	NO	NO	NO	NO	YES	YES
001278	Nacho Chips	NO	NO	NO	NO	NO	NO	NO	NO
001279	Nacho Chips - HS	?	?	?	?	?	?	?	?
001235	Orange Cranberry Muffin	?	?	?	?	?	?	?	?
001260	Soft Pretzel	NO	NO	NO	NO	NO	NO	NO	YES
001039	Southern Style Biscuit	YES	NO	NO	NO	NO	NO	NO	YES
000550	Toast	?	?	?	?	?	?	?	?
001090	Whole Grain Roll	YES	YES	NO	NO	NO	NO	YES	YES
001299	Whole Grain Sweet Roll	?	?	?	?	?	?	?	?
001261	with Goldfish Grahams	NO	NO	NO	NO	NO	NO	YES	YES

BRKFS

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
001111	Biscuit & Gravy	YES	NO	NO	NO	NO	NO	YES	YES
001114	Breakfast Breads (HS)	YES	YES	NO	NO	NO	NO	YES	YES
001199	Breakfast Breads (K-5)	YES	YES	NO	NO	NO	NO	YES	YES
001251	Breakfast Breads (MS)	YES	YES	NO	NO	NO	NO	YES	YES
000348	Breakfast Pizza	YES	NO	NO	NO	NO	NO	YES	YES
000215	Breakfast Pizza Sausage Gravy	YES	NO	NO	NO	NO	NO	YES	YES
001326	Breakfst Bar - MS & HS	YES	NO	NO	NO	NO	NO	YES	YES
001109	Breakfst Bar w/ or w/o Grahams	NO	NO	YES	YES	NO	NO	YES	YES
001239	Carnival Waffle	YES	YES	NO	NO	NO	NO	YES	YES
001301	Cereal Bar	?	?	?	?	?	?	?	?
001198	Cereal to Go	YES	NO	NO	NO	NO	NO	YES	YES
000209	Cereal Variety	NO	NO	NO	NO	NO	NO	YES	YES
001277	Cereal Variety - Shull	NO	NO	NO	NO	NO	NO	YES	YES

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Raymore-Peculiar Schools

Allergens & Food Sensitivity

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
001092	Chicken & Cheese Biscuit	YES	YES	NO	NO	NO	NO	YES	YES
001197	Cinnamania	YES	NO	NO	NO	NO	NO	YES	YES
001089	Cinnamon Roll	NO	YES	NO	NO	NO	NO	NO	YES
000368	French Toast Sticks/Sausage@B	NO	NO	NO	NO	NO	NO	YES	YES
001196	Grab & Go Breakfast	?	?	?	?	?	?	?	?
000446	Pancake on a Stick	YES	YES	NO	NO	NO	NO	YES	YES
000818	Pancake with Sausage @ Brkfst	NO	YES	NO	NO	NO	NO	YES	YES
001195	Poptart Variety	?	?	?	?	?	?	?	?
001110	Sausage and Cheese Biscuit	YES	NO	NO	NO	NO	NO	YES	YES
001310	Sunrise Smoothie	YES	NO	NO	NO	NO	NO	NO	NO
000205	Yogurt Parfait, breakfast	YES	NO	NO	NO	NO	NO	NO	YES

CON

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
001173	Black Olives	NO	NO	NO	NO	NO	NO	NO	NO
001186	Build a Sub Toppings	YES	YES	NO	NO	NO	NO	YES	?
001136	Condiments Bulk	NO	YES	NO	NO	NO	NO	YES	YES
001135	Condiments PC	YES	YES	NO	NO	NO	NO	YES	YES
001254	Fry Sauce	NO	YES	NO	NO	NO	NO	YES	NO
001172	Jalapenos	NO	NO	NO	NO	NO	NO	NO	NO
001328	Jelly	?	?	?	?	?	?	?	?
001184	Marinara	NO	NO	NO	NO	NO	NO	NO	NO
001177	Parmesan Cheese	YES	NO	NO	NO	NO	NO	NO	NO
001182	PC Jelly	NO	NO	NO	NO	NO	NO	NO	NO
001171	Picante Sauce	NO	NO	NO	NO	NO	NO	NO	NO
001183	Pickles	NO	NO	NO	NO	NO	NO	NO	NO
001272	Pico De Gallo	NO	NO	NO	NO	NO	NO	NO	NO
001181	Relish	NO	NO	NO	NO	NO	NO	NO	NO
000225	Salad Dressing	YES	YES	NO	NO	YES	YES	YES	YES
001228	Season Mix	NO	NO	NO	NO	NO	NO	NO	NO
001229	Seasoned Non-Salt	NO	NO	NO	NO	NO	NO	NO	NO
001179	Shrimp Sauce	NO	NO	NO	NO	YES	YES	NO	NO
001174	Sour Cream	YES	NO	NO	NO	NO	NO	NO	YES
001180	Soy Sauce	NO	NO	NO	NO	NO	NO	YES	NO
001178	Sweet & Sour Sauce	?	?	?	?	?	?	?	?
001175	Syrup, bulk	NO	NO	NO	NO	NO	NO	NO	NO
001176	Syrup, PC	NO	NO	NO	NO	NO	NO	NO	NO
000126	Tarter Sauce	NO	YES	NO	NO	NO	NO	YES	NO

DESRT

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
001037	Fortune Cookie	NO	YES	NO	NO	NO	NO	YES	YES
001162	Holiday Cookie	YES	YES	NO	NO	NO	NO	YES	YES

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Raymore-Peculiar Schools

Allergens & Food Sensitivity

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
001087	WG Chocolate Chip Cookie	NO	YES	NO	NO	NO	NO	YES	YES

ENT

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
001313	4 Cheese Enchiladas	YES	NO	NO	NO	NO	NO	YES	NO
001140	BBQ Pork Rib Patty	YES	NO	NO	NO	NO	NO	YES	YES
001166	BBQ Pork Sandwich (HS)	NO	NO	NO	NO	NO	NO	YES	YES
000890	BBQ Pork Sandwich (K-8)	NO	NO	NO	NO	NO	NO	YES	YES
001259	Big Daddy Pizza	YES	NO	NO	NO	NO	NO	YES	YES
001314	Bosco Sticks	?	?	?	?	?	?	?	?
001223	Breaded Mozzarella Sticks	YES	NO	NO	NO	NO	NO	NO	YES
001221	Buffalo Chicken Bites	NO	NO	NO	NO	NO	NO	YES	YES
001324	Build a Salad Bar	?	?	?	?	?	?	?	?
001185	Build a Sub Bar	YES	NO	NO	NO	NO	NO	YES	YES
001266	Burger Bar	?	?	?	?	?	?	?	?
001043	Cheese Wedge Pizza	YES	NO	NO	NO	NO	NO	YES	YES
001169	Cheeseburger Macaroni	YES	YES	NO	NO	NO	NO	YES	YES
001281	Cheeseburger Meatloaf	YES	NO	NO	NO	NO	NO	NO	YES
001141	Cheeseburger on a Bun (HS)	YES	NO	NO	NO	NO	NO	YES	YES
001132	Cheeseburger on a Bun (K-8)	YES	NO	NO	NO	NO	NO	YES	YES
000481	Chicken & Noodles	NO	NO	NO	NO	NO	NO	YES	YES
001208	Chicken Alfredo Pasta	YES	NO	NO	NO	NO	NO	NO	YES
001204	Chicken Drumstick	NO	NO	NO	NO	NO	NO	NO	NO
001203	Chicken Nuggets	NO	NO	NO	NO	NO	NO	YES	YES
001139	Chicken Patty Sandwich (HS)	NO	YES	NO	NO	NO	NO	YES	YES
000983	Chicken Patty Sandwich (K-8)	NO	YES	NO	NO	NO	NO	YES	YES
001280	Chicken Tenders	YES	YES	NO	NO	NO	NO	YES	YES
000453	Chicken Tenders - HS	NO	NO	NO	NO	NO	NO	YES	YES
000464	Chili & Crackers	YES	NO	NO	NO	NO	NO	YES	YES
001163	Chili - HS	YES	NO	NO	NO	NO	NO	YES	NO
001262	Chinese Bar	?	?	?	?	?	?	?	?
000457	Corn Dog	YES	YES	NO	NO	NO	NO	YES	YES
000364	Country Breaded Steak	NO	NO	NO	NO	NO	NO	YES	YES
001145	Fish Patty Sandwich (HS)	NO	NO	NO	NO	YES	YES	YES	YES
000011	Fish Patty Sandwich (K-8)	NO	NO	NO	NO	YES	YES	YES	YES
001256	French Bread Pizza	YES	NO	NO	NO	NO	NO	YES	YES
001226	French Dip Sandwich	YES	NO	NO	NO	NO	NO	YES	YES
001115	French Toast Sticks & Sausage	NO	NO	NO	NO	NO	NO	YES	YES
001150	General Tso's Chicken	NO	NO	NO	NO	NO	NO	YES	YES
001159	Grilled Cheese Sandwich (HS)	YES	NO	NO	NO	NO	NO	YES	YES
001049	Grilled Cheese Sandwich (K-8)	YES	NO	NO	NO	NO	NO	YES	YES
000312	Ham & Cheese Hoagie	YES	NO	NO	NO	NO	NO	NO	YES
001142	Hamburger on a Bun (HS)	NO	NO	NO	NO	NO	NO	YES	YES
000161	Hamburger on a Bun (K-8)	NO	NO	NO	NO	NO	NO	YES	YES
001238	Hoagie Sub (K-5)	YES	NO	NO	NO	NO	NO	YES	YES

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Raymore-Peculiar Schools

Allergens & Food Sensitivity

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
001231	Hoagie Sub (MS)	YES	NO	NO	NO	NO	NO	YES	YES
001143	Hot Dog on Bun	NO	NO	NO	NO	NO	NO	NO	YES
001227	Italian Combo Hoagie	YES	NO	NO	NO	NO	NO	YES	YES
001205	Lemon Chicken	NO	YES	NO	NO	NO	NO	NO	YES
001284	Mac & Cheese Bar	?	?	?	?	?	?	?	?
001108	Macaroni & Cheese	YES	YES	NO	NO	NO	NO	NO	YES
001146	Meatball Sub	YES	NO	NO	NO	NO	NO	YES	YES
001057	Meatloaf	YES	NO	NO	NO	NO	NO	YES	YES
001263	Mexican Bar	YES	NO	NO	NO	NO	NO	YES	YES
001128	Mini Corn Dogs	YES	YES	NO	NO	NO	NO	YES	YES
001127	Nachos with Meat	YES	YES	NO	NO	NO	NO	YES	YES
001327	Nachos with Meat - HS	YES	YES	NO	NO	NO	NO	YES	YES
001276	Orange Chicken	NO	YES	NO	NO	NO	NO	YES	YES
001130	Pancakes with Sausage	NO	YES	NO	NO	NO	NO	YES	YES
001265	Pasta Bar	?	?	?	?	?	?	?	?
001282	Pepperjack Enchiladas	YES	NO	NO	NO	NO	NO	YES	NO
001244	Philly Steak Sandwich	NO	NO	NO	NO	NO	NO	YES	YES
001257	Pizza Big D Buffalo Chicken	YES	NO	NO	NO	NO	NO	YES	YES
000857	Pizza Big D Cheese	YES	NO	NO	NO	NO	NO	YES	YES
001258	Pizza Big D Four Meat	YES	NO	NO	NO	NO	NO	YES	YES
000856	Pizza Big D Pepperoni	YES	NO	NO	NO	NO	NO	YES	YES
001137	Pizza Hut Pizza	YES	?	NO	NO	NO	NO	YES	YES
000806	Popcorn Chicken	NO	NO	NO	NO	NO	NO	YES	YES
001283	Potato Bar	?	?	?	?	?	?	?	?
001264	Ramen Bar	?	?	?	?	?	?	?	?
000172	Scrambled Eggs	?	?	?	?	?	?	?	?
001116	Shrimp Poppers	NO	NO	NO	NO	YES	YES	YES	YES
001144	Spicy Chicken Sandwich (HS)	NO	NO	NO	NO	NO	NO	YES	YES
000718	Spicy Chicken Sandwich (K-8)	NO	NO	NO	NO	NO	NO	YES	YES
001122	Sweet & Sour Chicken	NO	NO	NO	NO	NO	NO	YES	YES
001271	Sweet Thai Carnita Meat	?	?	?	?	?	?	?	?
001165	Taco Soup	YES	NO	NO	NO	NO	NO	YES	NO
001270	Teriyaki Beef Meatballs	?	?	?	?	?	?	?	?
000894	Teriyaki Chicken	NO	NO	NO	NO	NO	NO	YES	YES
001321	Teriyaki Chicken Bowl	?	?	?	?	?	?	?	?
000817	Tomato Soup	NO	NO	NO	NO	NO	NO	NO	YES
001311	Tony's Pizza	?	?	?	?	?	?	?	?
001123	Turkey & Cheese Hoagie	YES	NO	NO	NO	NO	NO	YES	YES
001188	Turkey Sliced - Thanksgiving	NO	NO	NO	NO	NO	NO	NO	NO
000490	Unrustable Meal	YES	NO	YES	NO	NO	NO	YES	YES
001219	Walking Taco	YES	NO	NO	NO	NO	NO	YES	NO
001161	Whole Grain Pasta & Meat Sauce	NO	NO	NO	NO	NO	NO	YES	YES
001242	Yogurt Parfait, lunch	YES	NO	NO	NO	NO	NO	NO	YES
001236	Yogurt w String Cheese & Muffn	YES	YES	NO	NO	NO	NO	YES	YES

FRUIT

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Raymore-Peculiar Schools

Allergens & Food Sensitivity

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
001303	Almost Summer Smoothie	YES	NO	NO	NO	NO	NO	NO	NO
001274	Apple Wedges	NO	NO	NO	NO	NO	NO	NO	NO
001309	Apple-Blueberry Crisp	NO	NO	NO	NO	NO	NO	YES	YES
000242	Applesauce Cup	?	?	?	?	?	?	?	?
001305	Berry Patch Smoothie	YES	NO	NO	NO	NO	NO	NO	NO
001113	Breakfast Fruit - Canned	NO	NO	NO	NO	NO	NO	NO	NO
001308	Cherry Cobbler	NO	YES	NO	NO	NO	NO	YES	YES
000247	Chilled Applesauce	NO	NO	NO	NO	NO	NO	NO	NO
001192	Chilled Cherries	NO	NO	NO	NO	NO	NO	NO	NO
000551	Chilled Fruit Cocktail	NO	NO	NO	NO	NO	NO	NO	NO
000819	Chilled Strawberries	NO	NO	NO	NO	NO	NO	NO	NO
001129	Cinnamon Apples	NO	NO	NO	NO	NO	NO	NO	NO
001190	Cranberry Sauce	NO	NO	NO	NO	NO	NO	NO	NO
001298	Diced Mango	NO	NO	NO	NO	NO	NO	NO	NO
001255	Dried Cherries	NO	NO	NO	NO	NO	NO	NO	NO
001304	Food Court Smoothie	YES	NO	NO	NO	NO	NO	NO	NO
001112	Fresh Fruit	NO	NO	NO	NO	NO	NO	NO	NO
001269	Fresh Watermelon	NO	NO	NO	NO	NO	NO	NO	NO
001275	Halloween Sherbet	NO	NO	NO	NO	NO	NO	NO	NO
001237	Juice	NO	NO	NO	NO	NO	NO	NO	NO
001307	Lemonade Stand Smoothie	?	?	?	?	?	?	?	?
000923	Peach Slices	NO	NO	NO	NO	NO	NO	NO	NO
000815	Pear Slices	NO	NO	NO	NO	NO	NO	NO	NO
001105	Pineapple & Mandarin Oranges	NO	NO	NO	NO	NO	NO	NO	NO
001306	Pink Lemonade Smoothie	YES	NO	NO	NO	NO	NO	NO	NO
000097	Raisins	NO	NO	NO	NO	NO	NO	NO	NO
001253	Rosy Applesauce	?	?	?	?	?	?	?	?
001292	Tropical Mixed Fruit	NO	NO	NO	NO	NO	NO	NO	NO
000334	Whole Fruit Frozen Juice Cup	NO	NO	NO	NO	NO	NO	NO	NO

MILK

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000873	Milk	YES	NO	NO	NO	NO	NO	NO	NO
001325	Milk-Shull	YES	NO	NO	NO	NO	NO	NO	NO

SC

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
001121	Cheese Sauce	YES	YES	NO	NO	NO	NO	YES	YES
001117	Chicken Gravy	YES	NO	NO	NO	NO	NO	YES	NO
000972	Pepper Gravy	YES	YES	NO	NO	NO	NO	YES	YES
001189	Turkey Gravy	YES	NO	NO	NO	NO	NO	YES	YES

SN

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Raymore-Peculiar Schools

Allergens & Food Sensitivity

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000666	Snack Bag of Chips	YES	NO	NO	NO	NO	NO	YES	YES

VEG

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000589	Baked Beans	NO	NO	NO	NO	NO	NO	NO	NO
001318	Baked Seasoned Spirals	?	?	?	?	?	?	?	?
000878	Black Beans	NO	NO	NO	NO	NO	NO	NO	NO
000022	Carrot & Celery Sticks	NO	NO	NO	NO	NO	NO	NO	NO
000904	Coleslaw	NO	YES	NO	NO	NO	NO	YES	YES
000032	Corn on the Cob	NO	NO	NO	NO	NO	NO	NO	NO
001247	Cowboy Salsa	NO	NO	NO	NO	NO	NO	NO	NO
001285	Garbanzo Bean Salad	?	?	?	?	?	?	?	?
001302	Glazed Carrots	?	?	?	?	?	?	?	?
001268	Grilled Onions and Peppers	?	?	?	?	?	?	?	?
000311	Mashed Potatoes	YES	NO	NO	NO	NO	NO	NO	NO
001155	Oven Baked Fries	NO	NO	NO	NO	NO	NO	NO	NO
001156	Oven Baked Seasoned Fries	NO	NO	NO	NO	NO	NO	YES	NO
000712	Oven Baked Tater Tots	NO	NO	NO	NO	NO	NO	YES	NO
001131	Oven Baked Tri Tator	NO	NO	NO	NO	NO	NO	YES	YES
001320	Parmesan Roasted Cauliflower	YES	NO	NO	NO	NO	NO	YES	NO
001267	Potato Salad	NO	YES	NO	NO	NO	NO	YES	NO
001007	Potato Smiles	NO	NO	NO	NO	NO	NO	YES	NO
000008	Refried Beans	YES	NO	NO	NO	NO	NO	NO	NO
990002	Romaine Salad	NO	NO	NO	NO	NO	NO	NO	NO
001134	Romaine Salad - Bag	NO	NO	NO	NO	NO	NO	NO	NO
001319	Scalloped Potatoes	?	?	?	?	?	?	?	?
000919	Seasoned Corn	NO	NO	NO	NO	NO	NO	NO	NO
000920	Steamed Broccoli	NO	NO	NO	NO	NO	NO	NO	NO
000836	Steamed Carrot Coins	NO	NO	NO	NO	NO	NO	NO	NO
000424	Steamed Green Beans	NO	NO	NO	NO	NO	NO	NO	NO
001152	Steamed Peas	NO	NO	NO	NO	NO	NO	NO	NO
001118	Steamed Peas & Carrots	NO	NO	NO	NO	NO	NO	NO	NO
001322	StirFry Veggies	?	?	?	?	?	?	?	?
001191	Sweet Potato Casserole	?	?	?	?	?	?	?	?
001133	Veggie Bar	NO	NO	NO	NO	NO	NO	NO	NO
001312	Veggie Dippers	NO	NO	NO	NO	NO	NO	YES	NO

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.