

# Raymore-Peculiar Schools

## Allergens & Food Sensitivity

**BREAD**

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
001241	Apple Cinnamon Muffin	?	?	?	?	?	?	?	?
001252	Banana Chocolate Chip Muffin	?	?	?	?	?	?	?	?
001119	Banana Muffin	YES	YES	NO	NO	NO	NO	YES	YES
001246	Biscuit	YES	NO	NO	NO	NO	NO	NO	YES
000897	Blueberry Muffin	YES	YES	NO	NO	NO	NO	YES	YES
001107	Breadstick	YES	YES	NO	NO	NO	NO	YES	YES
001124	Brown Rice	NO	NO	NO	NO	NO	NO	YES	NO
001210	Cheesy Mexican Rice	?	?	NO	NO	NO	NO	YES	?
001209	Chicken & Herb Rice	YES	YES	NO	YES	NO	NO	YES	NO
001218	Chocolate Chip Muffin	YES	YES	NO	NO	NO	NO	YES	YES
001151	Choice of Bread HS	?	?	?	?	?	?	?	?
001187	Cornbread Stuffing	NO	NO	NO	NO	NO	NO	YES	YES
000475	Fried Rice	NO	NO	NO	NO	NO	NO	YES	YES
001207	Garlic Toast	YES	NO	NO	NO	NO	NO	YES	YES
001126	Goldfish Crackers	YES	NO	NO	NO	NO	NO	YES	YES
001212	Lemon Poppyseed Muffin	YES	YES	NO	NO	NO	NO	YES	YES
001235	Orange Cranberry Muffin	?	?	?	?	?	?	?	?
001260	Soft Pretzel	NO	NO	NO	NO	NO	NO	NO	YES
001039	Southern Style Biscuit	YES	NO	NO	NO	NO	NO	NO	YES
001167	Tortilla Scoop Chips	NO	NO	NO	NO	NO	NO	NO	NO
001090	Whole Grain Roll	YES	YES	NO	NO	NO	NO	YES	YES
001261	with or without Grahams	NO	NO	NO	NO	NO	NO	YES	YES

**BRKFS**

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
001111	Biscuit & Gravy	YES	NO	NO	NO	NO	NO	YES	YES
001114	Breakfast Breads (HS)	YES	YES	NO	NO	NO	NO	YES	YES
001199	Breakfast Breads (K-5)	YES	YES	NO	NO	NO	NO	YES	YES
001251	Breakfast Breads (MS)	YES	YES	NO	NO	NO	NO	YES	YES
000348	Breakfast Pizza	YES	NO	NO	NO	NO	NO	YES	YES
000215	Breakfast Pizza Sausage Gravy	YES	NO	NO	NO	NO	NO	YES	YES
001109	Breakfst Bar w/ or w/o Grahams	NO	NO	YES	YES	NO	NO	YES	YES
001239	Carnival Waffle	YES	YES	NO	NO	NO	NO	YES	YES
001198	Cereal to Go	YES	NO	NO	NO	NO	NO	YES	YES
000209	Cereal Variety	NO	NO	NO	NO	NO	NO	YES	YES
001089	Cinnamon Roll	NO	YES	NO	NO	NO	NO	NO	YES
001197	Crunchamania	YES	NO	NO	NO	NO	NO	YES	YES
000368	French Toast Sticks/Sausage@B	NO	NO	NO	NO	NO	NO	YES	YES
001196	Grab & Go Breakfast	?	?	?	?	?	?	?	?
000446	Pancake on a Stick	YES	YES	NO	NO	NO	NO	YES	YES
000818	Pancake with Sausage @ Brkfst	NO	YES	NO	NO	NO	NO	YES	YES
001195	Poptart	?	?	?	?	?	?	?	?

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001250	Raspberry Churro	YES	YES	NO	NO	NO	NO	YES	YES
001110	Sausage and Cheese Biscuit	YES	NO	NO	NO	NO	NO	YES	YES
000205	Yogurt Parfait, breakfast	YES	NO	NO	NO	NO	NO	NO	YES

**CON**

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
001173	Black Olives	NO	NO	NO	NO	NO	NO	NO	NO
001186	Build a Sub Toppings	YES	YES	NO	NO	NO	NO	YES	?
001136	Condiments Bulk	NO	YES	NO	NO	NO	NO	YES	YES
001135	Condiments PC	YES	YES	NO	NO	NO	NO	YES	YES
001254	Fry Sauce	NO	YES	NO	NO	NO	NO	YES	NO
001172	Jalapenos	NO	NO	NO	NO	NO	NO	NO	NO
001184	Marinara	NO	NO	NO	NO	NO	NO	NO	NO
001177	Parmesan Cheese	YES	NO	NO	NO	NO	NO	NO	NO
001182	PC Jelly	NO	NO	NO	NO	NO	NO	NO	NO
001171	Picante Sauce	NO	NO	NO	NO	NO	NO	NO	NO
001183	Pickles	NO	NO	NO	NO	NO	NO	NO	NO
001181	Relish	NO	NO	NO	NO	NO	NO	NO	NO
000225	Salad Dressing	YES	YES	NO	NO	YES	YES	YES	YES
001228	Season Mix	NO	NO	NO	NO	NO	NO	NO	NO
001229	Seasoned Non-Salt	NO	NO	NO	NO	NO	NO	NO	NO
001179	Shrimp Sauce	NO	NO	NO	NO	YES	YES	NO	NO
001174	Sour Cream	YES	NO	NO	NO	NO	NO	NO	YES
001180	Soy Sauce	NO	NO	NO	NO	NO	NO	YES	NO
001178	Sweet & Sour Sauce	?	?	?	?	?	?	?	?
001175	Syrup, bulk	NO	NO	NO	NO	NO	NO	NO	NO
001176	Syrup, PC	NO	NO	NO	NO	NO	NO	NO	NO
000126	Tarter Sauce	NO	YES	NO	NO	NO	NO	YES	NO

**DESRT**

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
001037	Fortune Cookie	NO	YES	NO	NO	NO	NO	YES	YES
001162	Holiday Cookie	YES	YES	NO	NO	NO	NO	YES	YES
001087	WG Chocolate Chip Cookie	NO	YES	NO	NO	NO	NO	YES	YES

**ENT**

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
001140	BBQ Pork Rib Patty	YES	NO	NO	NO	NO	NO	YES	YES
001166	BBQ Pork Sandwich (HS)	NO	NO	NO	NO	NO	NO	YES	YES
000890	BBQ Pork Sandwich (K-8)	NO	NO	NO	NO	NO	NO	YES	YES
000879	Beef & Bean Burrito	NO	NO	NO	NO	NO	NO	YES	YES

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001147	Beef Enchiladas (HS)	YES	NO	NO	NO	NO	NO	YES	YES
001014	Beef Enchiladas (K-8)	YES	NO	NO	NO	NO	NO	YES	YES
001259	Big Daddy Pizza	YES	NO	NO	NO	NO	NO	YES	YES
001153	Bosco Stick	YES	NO	NO	NO	NO	NO	NO	YES
001223	Breaded Mozzarella Sticks	YES	NO	NO	NO	NO	NO	NO	YES
001221	Buffalo Chicken Bites	NO	NO	NO	NO	NO	NO	YES	YES
001185	Build a Sub Bar	YES	NO	NO	NO	NO	NO	YES	YES
001266	Burger Bar	?	?	?	?	?	?	?	?
001168	Cheese Lasagna Roll-Up	YES	YES	NO	NO	NO	NO	NO	YES
001157	Cheese Quesadilla	YES	NO	NO	NO	NO	NO	YES	YES
001043	Cheese Wedge Pizza	YES	NO	NO	NO	NO	NO	YES	YES
001169	Cheeseburger Macaroni	YES	YES	NO	NO	NO	NO	YES	YES
001141	Cheeseburger on a Bun (HS)	YES	NO	NO	NO	NO	NO	YES	YES
001132	Cheeseburger on a Bun (K-8)	YES	NO	NO	NO	NO	NO	YES	YES
001220	Cheesy Enchiladas	YES	NO	NO	NO	NO	NO	YES	NO
001206	Cherry Blossom Chicken	NO	YES	NO	NO	NO	NO	NO	YES
000481	Chicken & Noodles	NO	NO	NO	NO	NO	NO	YES	YES
001208	Chicken Alfredo Pasta	YES	NO	NO	NO	NO	NO	NO	YES
001204	Chicken Drumstick	NO	NO	NO	NO	NO	NO	NO	NO
001203	Chicken Nuggets	NO	NO	NO	NO	NO	NO	YES	YES
001139	Chicken Patty Sandwich (HS)	NO	YES	NO	NO	NO	NO	YES	YES
000983	Chicken Patty Sandwich (K-8)	NO	YES	NO	NO	NO	NO	YES	YES
000453	Chicken Tenders	?	?	?	?	?	?	?	?
000067	Chicken Tetrizzini	YES	YES	NO	NO	NO	NO	YES	YES
000464	Chili & Crackers	YES	NO	NO	NO	NO	NO	YES	YES
001163	Chili - HS	YES	NO	NO	NO	NO	NO	YES	NO
001262	Chinese Bar	?	?	?	?	?	?	?	?
000457	Corn Dog	YES	YES	NO	NO	NO	NO	YES	YES
000364	Country Breaded Steak	NO	NO	NO	NO	NO	NO	YES	YES
001145	Fish Patty Sandwich (HS)	NO	NO	NO	NO	YES	YES	YES	YES
000011	Fish Patty Sandwich (K-8)	NO	NO	NO	NO	YES	YES	YES	YES
001256	French Bread Pizza	YES	NO	NO	NO	NO	NO	YES	YES
001226	French Dip Sandwich	YES	NO	NO	NO	NO	NO	YES	YES
001115	French Toast Sticks & Sausage	NO	NO	NO	NO	NO	NO	YES	YES
001150	General Tso's Chicken	NO	NO	NO	NO	NO	NO	YES	YES
001159	Grilled Cheese Sandwich (HS)	YES	NO	NO	NO	NO	NO	YES	YES
001049	Grilled Cheese Sandwich (K-8)	YES	NO	NO	NO	NO	NO	YES	YES
000312	Ham & Cheese Hoagie	YES	NO	NO	NO	NO	NO	NO	YES
001142	Hamburger on a Bun (HS)	NO	NO	NO	NO	NO	NO	YES	YES
000161	Hamburger on a Bun (K-8)	NO	NO	NO	NO	NO	NO	YES	YES
001238	Hoagie Sub (K-5)	YES	NO	NO	NO	NO	NO	YES	YES
001231	Hoagie Sub (MS)	YES	NO	NO	NO	NO	NO	YES	YES
001143	Hot Dog on Bun	NO	NO	NO	NO	NO	NO	NO	YES
001227	Italian Combo Hoagie	YES	NO	NO	NO	NO	NO	YES	YES
001205	Lemon Chicken	NO	YES	NO	NO	NO	NO	NO	YES
001108	Macaroni & Cheese	YES	YES	NO	NO	NO	NO	NO	YES
001146	Meatball Sub	YES	NO	NO	NO	NO	NO	YES	YES

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001057	Meatloaf	YES	NO	NO	NO	NO	NO	YES	YES
001263	Mexican Bar	?	?	?	?	?	?	?	?
001128	Mini Corn Dogs	YES	YES	NO	NO	NO	NO	YES	YES
001127	Nachos with Meat	YES	YES	NO	NO	NO	NO	YES	YES
000930	Ocean Treasures Fish Nuggets	NO	NO	NO	NO	YES	YES	YES	YES
001130	Pancakes with Sausage	NO	YES	NO	NO	NO	NO	YES	YES
001265	Pasta Bar	?	?	?	?	?	?	?	?
001244	Philly Steak Sandwich	NO	NO	NO	NO	NO	NO	YES	YES
001257	Pizza Big D Buffalo Chicken	YES	NO	NO	NO	NO	NO	YES	YES
000857	Pizza Big D Cheese	YES	NO	NO	NO	NO	NO	YES	YES
001258	Pizza Big D Four Meat	YES	NO	NO	NO	NO	NO	YES	YES
000856	Pizza Big D Pepperoni	YES	NO	NO	NO	NO	NO	YES	YES
001137	Pizza Hut Pizza	YES	?	NO	NO	NO	NO	YES	YES
001245	Pizza Personal Pepperoni	YES	NO	NO	NO	NO	NO	YES	YES
000806	Popcorn Chicken	NO	NO	NO	NO	NO	NO	YES	YES
001264	Ramen Bar	?	?	?	?	?	?	?	?
001116	Shrimp Poppers	NO	NO	NO	NO	YES	YES	YES	YES
001160	Soft Taco HS	YES	NO	NO	NO	NO	NO	YES	YES
001158	Soft Taco K-8	YES	NO	NO	NO	NO	NO	YES	YES
001149	Spaghetti with Meatballs (HS)	YES	NO	NO	NO	NO	NO	YES	YES
001148	Spaghetti with Meatballs (K-8)	YES	NO	NO	NO	NO	NO	YES	YES
001144	Spicy Chicken Sandwich (HS)	NO	NO	NO	NO	NO	NO	YES	YES
000718	Spicy Chicken Sandwich (K-8)	NO	NO	NO	NO	NO	NO	YES	YES
001122	Sweet & Sour Chicken	NO	NO	NO	NO	NO	NO	YES	YES
001165	Taco Soup	YES	NO	NO	NO	NO	NO	YES	NO
001075	Tater Tot Casserole	YES	NO	NO	NO	NO	NO	NO	YES
000894	Teriyaki Chicken	NO	NO	NO	NO	NO	NO	YES	YES
000817	Tomato Soup	NO	NO	NO	NO	NO	NO	NO	YES
001123	Turkey & Cheese Hoagie	YES	NO	NO	NO	NO	NO	YES	YES
001224	Turkey Ham & Cheese Stromboli	YES	YES	NO	NO	NO	NO	YES	YES
001225	Turkey Pot Roast Bowl	YES	NO	NO	NO	NO	NO	NO	NO
001188	Turkey Sliced - Thanksgiving	NO	NO	NO	NO	NO	NO	NO	NO
000490	Uncrustable Meal	YES	NO	YES	NO	NO	NO	YES	YES
001219	Walking Taco	YES	NO	NO	NO	NO	NO	YES	NO
001161	Whole Grain Pasta & Meat Sauce	NO	NO	NO	NO	NO	NO	YES	YES
001154	with Popcorn Chicken	NO	NO	NO	NO	NO	NO	YES	YES
001242	Yogurt Parfait, lunch	?	?	?	?	?	?	?	?
001236	Yogurt w String Cheese & Muffn	YES	YES	NO	NO	NO	NO	YES	YES

**FRUIT**

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000248	Apricot Halves	NO	NO	NO	NO	NO	NO	NO	NO
001113	Breakfast Fruit - Canned	NO	NO	NO	NO	NO	NO	NO	NO
000247	Chilled Applesauce	NO	NO	NO	NO	NO	NO	NO	NO
001192	Chilled Cherries	NO	NO	NO	NO	NO	NO	NO	NO

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Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000551	Chilled Fruit Cocktail	NO	NO	NO	NO	NO	NO	NO	NO
000819	Chilled Strawberries	NO	NO	NO	NO	NO	NO	NO	NO
001129	Cinnamon Apples	NO	NO	NO	NO	NO	NO	NO	NO
001190	Cranberry Sauce	NO	NO	NO	NO	NO	NO	NO	NO
001255	Dried Cherries	NO	NO	NO	NO	NO	NO	NO	NO
001112	Fresh Fruit	NO	NO	NO	NO	NO	NO	NO	NO
001237	Juice	NO	NO	NO	NO	NO	NO	NO	NO
000923	Peach Slices	NO	NO	NO	NO	NO	NO	NO	NO
000815	Pear Slices	NO	NO	NO	NO	NO	NO	NO	NO
001105	Pineapple & Mandarin Oranges	NO	NO	NO	NO	NO	NO	NO	NO
000097	Raisins	NO	NO	NO	NO	NO	NO	NO	NO
001253	Rosy Applesauce	?	?	?	?	?	?	?	?
000334	Whole Fruit Frozen Juice Cup	NO	NO	NO	NO	NO	NO	NO	NO

**MILK**

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000873	Milk	YES	NO	NO	NO	NO	NO	NO	NO

**SC**

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
001121	Cheese Sauce	YES	YES	NO	NO	NO	NO	YES	YES
001117	Chicken Gravy	YES	NO	NO	NO	NO	NO	YES	NO
000972	Pepper Gravy	YES	YES	NO	NO	NO	NO	YES	YES
001189	Turkey Gravy	YES	NO	NO	NO	NO	NO	YES	YES

**SN**

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000666	Snack Bag of Chips	YES	NO	NO	NO	NO	NO	YES	YES

**VEG**

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000589	Baked Beans	NO	NO	NO	NO	NO	NO	NO	NO
001247	Black Bean and Corn Salsa	NO	NO	NO	NO	NO	NO	NO	NO
000878	Black Beans	NO	NO	NO	NO	NO	NO	NO	NO
000022	Carrot & Celery Sticks	NO	NO	NO	NO	NO	NO	NO	NO
000904	Coleslaw	NO	YES	NO	NO	NO	NO	YES	YES
000032	Corn on the Cob	NO	NO	NO	NO	NO	NO	NO	NO
000311	Mashed Potatoes	YES	NO	NO	NO	NO	NO	NO	NO
001155	Oven Baked Fries	NO	NO	NO	NO	NO	NO	NO	NO

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001156	Oven Baked Seasoned Fries	NO	NO	NO	NO	NO	NO	YES	NO
000712	Oven Baked Tater Tots	NO	NO	NO	NO	NO	NO	YES	NO
001131	Oven Baked Tri Tator	NO	NO	NO	NO	NO	NO	YES	YES
001211	Oven Baked Waffle Fries	NO	NO	NO	NO	NO	NO	NO	YES
001007	Potato Smiles	NO	NO	NO	NO	NO	NO	YES	NO
000008	Refried Beans	YES	NO	NO	NO	NO	NO	NO	NO
990002	Romaine Salad	NO	NO	NO	NO	NO	NO	NO	NO
001134	Romaine Salad - Bag	NO	NO	NO	NO	NO	NO	NO	NO
000919	Seasoned Corn	NO	NO	NO	NO	NO	NO	NO	NO
001125	Shelled Edamame	NO	NO	NO	NO	NO	NO	YES	NO
000920	Steamed Broccoli	NO	NO	NO	NO	NO	NO	NO	NO
000836	Steamed Carrot Coins	NO	NO	NO	NO	NO	NO	NO	NO
000424	Steamed Green Beans	NO	NO	NO	NO	NO	NO	NO	NO
001152	Steamed Peas	NO	NO	NO	NO	NO	NO	NO	NO
001118	Steamed Peas & Carrots	NO	NO	NO	NO	NO	NO	NO	NO
001191	Sweet Potato Casserole	?	?	?	?	?	?	?	?
001133	Veggie Bar	NO	NO	NO	NO	NO	NO	NO	NO

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